

POINT LOMA COMMUNITY PRESBYTERIAN CHURCH

Senior Adult Ministry | May 2022

2128 Chatsworth Blvd., San Diego, CA 92107

Elaine Burrell, MSW, Director of Senior Adult Ministry

619-223-1633, Ext. 210 or elaine@pointlomachurch.org



MOTHER'S DAY COFFEE ON THE PORCH HOSTED BY SENIOR ADULT MINISTRY Sunday, May 8, Family Life Center Porch

Attend church in the Sanctuary at 9:00am and stay for coffee, pastries and social time sponsored by Senior Adult Ministry. All are welcome.



SPRINGTIME LUNCHEON WITH ENTERTAINMENT BY PETER SELTSE* **Tuesday, May 10 in the Family Life Center - \$5**

Doors open at 10:00am; Entertainment at 11:00am; Lunch at Noon
Enjoy a meal of pulled pork sandwiches, cole slaw, chips & strawberry shortcake while singing along to the lively tunes of the effervescent Peter Seltser. RSVP required by May 6.



NOONTIME LECTURE: SAN DIEGO HUMANE SOCIETY* **Wednesday, May 18, Noon-1:30pm**

Discover the benefits of pet ownership and special offerings provided by the Humane Society for senior adults. Also meet a Canine Ambassador and hear a testimony from a church member about how her dog helped her overcome the grief of losing her husband. Bring a sack lunch and your questions. Coffee & water provided.



OUTING TO THE MIDWAY AIRCRAFT CARRIER MUSEUM* **Tuesday, May 24, 10-2:00pm \$10**

Meet at church at 10:00am for a ride in the church van
A limited number of admission tickets are available for individuals riding in the van; no-host lunch at Café 41 aboard the Midway. Note: Moderate activity walking up stairs and getting in & out of church van.



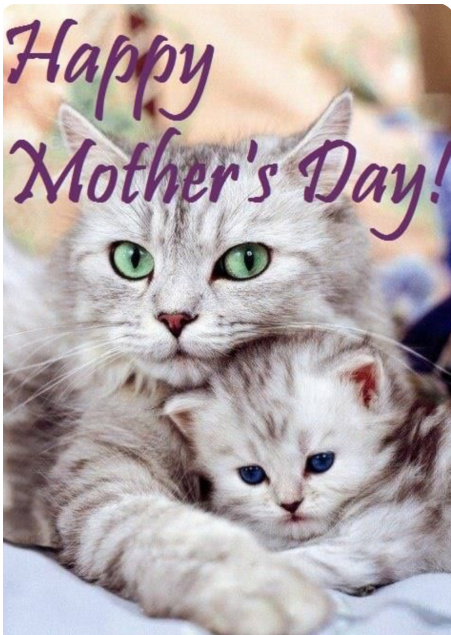
FOREVER FIT GENTLE EXERCISE CLASS **Every Wednesday 9-9:50am, Family Life Center** **Elke Ertle, Instructor**

Stay healthy and get fit at this free, gentle exercise class especially for senior adults. Weights provided; bring your own water and towel. This class is offered in partnership with the Ryan Family YMCA.

***You may now register for these events ONLINE at www.pointlomachurch.org/register or you can always call or email Elaine to RSVP.**



Mother's love is the fuel that enables a normal human being to do the impossible. - Marion C. Garretty



Elaine and her beautiful mother

In Flanders Fields

By John McCrae

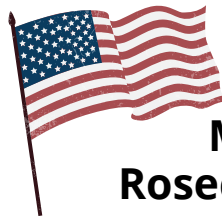


In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Did you know...the red poppy became a symbol of remembrance after a WWI surgeon was struck by the sight of red flowers growing on a ravaged battlefield and wrote the poem, *In Flanders Fields*



Memorial Day at Fort Rosecrans National Cemetery

The Fort Rosecrans Memorial Day celebration is one of San Diego's largest and most celebrated memorials dedicated to our fighting men and women. On this day we honor all of our fallen soldiers and remember them for their ultimate sacrifice to our country. Attend in person or watch online:

May 30 at 10:00am

Fort Rosecrans National Cemetery:

<http://fortrosecransmemorialday.com>

Mission Statement: *To provide enriching fellowship and educational opportunities that nurture the spiritual, social, intellectual and physical wellness of mature adults.*