#### POINT LOMA COMMUNITY PRESBYTERIAN CHURCH



# Senior Adult Ministry | May 2021 2128 Chatsworth Blvd., San Diego, CA 92107

Elaine Burrell, MSW, Director of Senior Adult Ministry 619-223-1633, Ext. 210 or elaine@pointlomachurch.org



Dear Friends,

I am pleased to announce that Senior Ministry has returned in full-swing with safe, fun and interesting in-person events for you. We have adjusted our activities to abide by safety guidelines while recognizing the importance of community fellowship. I hope you will join us. May God continue to bless and protect you and I look forward to seeing you, eye-to-eye, very soon!

Warm Regards,



# Western Concert & Bag Lunch with Cowboy Jack Johnson

On the Front Plaza near Sanctuary Wednesday, May 12 Plaza opens at 10:30am, Concert begins @ 11:00am

Enjoy some traditional country music performed by "Cowboy Jack" who once sang at the Grand Ole Opry. His repertoire includes songs made famous by Hank Williams Sr., Johnny Cash, Merle Haggard, Willie Nelson & Waylon Jennings. Light, packaged lunch provided (\$5 donation requested). Space is limited, reservation required, Western attire encouraged!

Masks are required when not eating or drinking.

Note: In the event of rain or excessive heat, this event will be held INSIDE in the Family Life Center. RSVP to Elaine by May 9



At right is a picture of the Sanctuary plaza during our April concert and lunch. We are blessed to have this beautiful plaza as an outdoor space to gather safely.









#### **FOREVER FIT EXERCISE CLASS - COMING SOON!**

The Ryan Family YMCA and PLCPC are in discussion to bring back exercise class on our church campus. Details will be coming soon...thank you for your patience. In the meantime, stay active until we can exercise together again!





# Meet-up at Mission Basilica San Diego de Alcala 10818 San Diego Mission Road, 92108, (619) 281-8449 www.missionsandiego.org

Wednesday, May 19, 10:00am

Let's meet at the Mission to stroll through their beautiful gardens, sit in the glorious church, and learn about the history of California's first Mission. This will be a self-guided tour, but we will be there together. Park at the top and wear comfortable walking shoes. Do you need a ride? Let Elaine know – she may be able to drive you. RSVP to Elaine by May 17.



### HARDCOVER BOOK AVAILABLE

Your Life is a Work of Art

The photography exhibit featuring 22 senior adults aged 80-99, has been made into a hardcover book! To obtain a copy, contact Elaine or click <u>HERE</u> to order online. Limited quantities available. Suggested donation of \$30 covers the cost of printing.







## "I Love a Clean San Diego" Service Day Saturday, May 15

Meet at Family Life Center at 9am, select a volunteer site, then return at 11:30am for a bag lunch Volunteer work will be done at various locations in Point Loma, for varying abilities. Let Elaine know if you plan to participate, or register online at www.pointlomachurch.org/register or by clicking **here**.