



POINT LOMA COMMUNITY PRESBYTERIAN CHURCH

Senior Adult Ministry | March

2128 Chatsworth Blvd., San Diego, CA 92107

Elaine Burrell, MSW, Director of Senior Adult Ministry
619-223-1633, Ext. 210 or elaine@pointlomachurch.org



Dear Friends,

I am delighted to announce that Senior Adult Ministry is re-opening for selective on-campus activities exclusively for seniors! Of course, our utmost priority is your safety and comfort, so we will be adhering to special rules when we host events, such as mask-wearing, limited capacity, cleanliness and physical distancing. But, let us rejoice in this moment when we can gather once again in modified fashion. Please read on for more details. I look forward to seeing you soon!

With Hope in Christ,

ST. PATRICK'S DAY CONCERT & BAG LUNCH

ON THE FRONT PLAZA NEAR SANCTUARY

WEDNESDAY, MARCH 17

PLAZA OPENS AT 10:30AM. CONCERT BEGINS @ 11:00AM

Come enjoy the sounds of Irish Musician Eamon Carroll, and enjoy a safe and fun outdoor concert. Light, packaged lunch provided (\$5 donation requested). Space is limited to 18 household pods. Please note: Masks are required when not eating or drinking; shade umbrellas and/or heat lamps will be provided. Please dress according to the weather, you will be outside. **Rain Cancels this event.**

"Elaine and Friends" Daily Message **RSVP to Elaine by March 12**

619-223-1633, Ext. 214, Monday through Friday
through April 4 w/special Holy Week messages from
Em Cummins on Good Friday, Saturday & Easter Sunday

Call in to hear a new message each day:

Monday - This Week in History

Tuesday - Devotional

Wednesday - Musings from Em Cummins' Bookshelf

Thursday - Medical Message from Dr. Gresham Bayne
Dr. Bayne's message will remain posted each weekend.

The message is updated each morning by 9am.





EASTER & LENTEN SERVICES AND PROGRAMS

LENT

Wednesdays, March 3, 10, 17 & 24 - A Musical Journey Through Lent 6pm via Zoom

HOLY WEEK

March 28 - Palm Sunday - Online service and drive-in service in the library parking lot

April 1 & 2 - Path to the Cross - A walk-through experience on the church campus and live music in the Sanctuary - Reservations required

EASTER SUNDAY - Online service @ 9:30 & 11:00am

In-person service at 10:00am on Udall Street

Learn more details and make your reservations at www.pointlomachurch.org or call Elaine



Great news! Forever Fit Gentle Exercise class will be returning soon to one of the outdoor spaces on the church campus, thanks to our partnership with the Ryan Family YMCA.

Stay tuned for more information about a start date in April.



To the Girls Scouts for donating a box of Girl Scout Cookies for each of our senior care bags.



To all those who returned your technology surveys. It's not too late to send them in. Thank you for your time and feedback.



For your generous donations to the Senior Adult Ministry program throughout the year. Your gift ensures that programs and fellowship for seniors will continue for years to come!

A Vaccine Testimony from Bob & Ann Simoneau Part 2

Part 2 of our Covid-19 vaccination was as painless and uneventful as the first. We have had no reaction or ill effects--just a feeling of relief and gratitude that we took this step to stay well.



Vaccine Assistance

Are you interested in getting the COVID Vaccine but need assistance with scheduling, transportation or follow-up?

Elaine is available to assist you!

Don't hesitate to call her at 619-223-1633, Ext. 210



DEACON CARE FUND

Did you know that the church has a Deacon Care Fund to assist people in emergencies? Assistance from the Deacon Care Fund is considered to be a one-time gift, never to be repaid. Fund recipients may be church members, regular attendees, employees of the church, or members of the community who have been recommended by a church member.

Consideration will be given to all special needs due to emergencies, unforeseen circumstances, or other special care-related situations; and funds will cover critical items such as housing, food, clothing, medical treatment, transportation or funeral expenses.

To donate to the Deacon Care Fund or to apply to receive funds, contact Pastor Alex Wirth at 619-223-1633 Ext. 205, or alex@pointlomachurch.org

Application can be accessed by going to
<http://pointlomachurch.org/care-and-service/deacons-care-fund/>



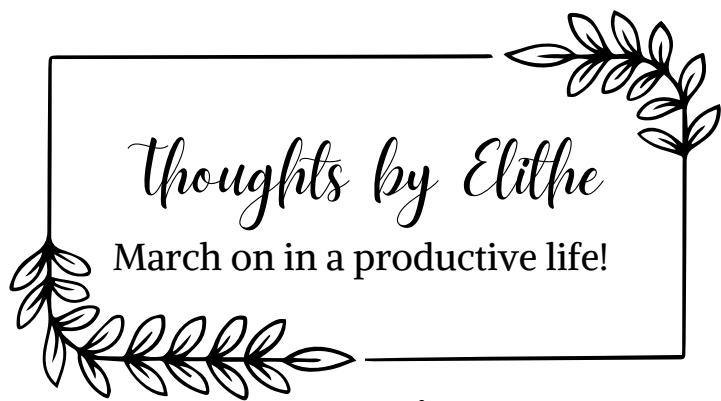
Living With Memory Loss

Thursday, March 4 10-11:30am

This class is designed for individuals living with early-stage memory loss and their care partners to learn strategies for adapting to daily challenges, enhancing health and well-being, and planning for the future.

Alzheimers San Diego offers a variety of ongoing classes.

To register, visit www.alzsd.org/classes or call 858-492-4400



Thoughts by Elithe

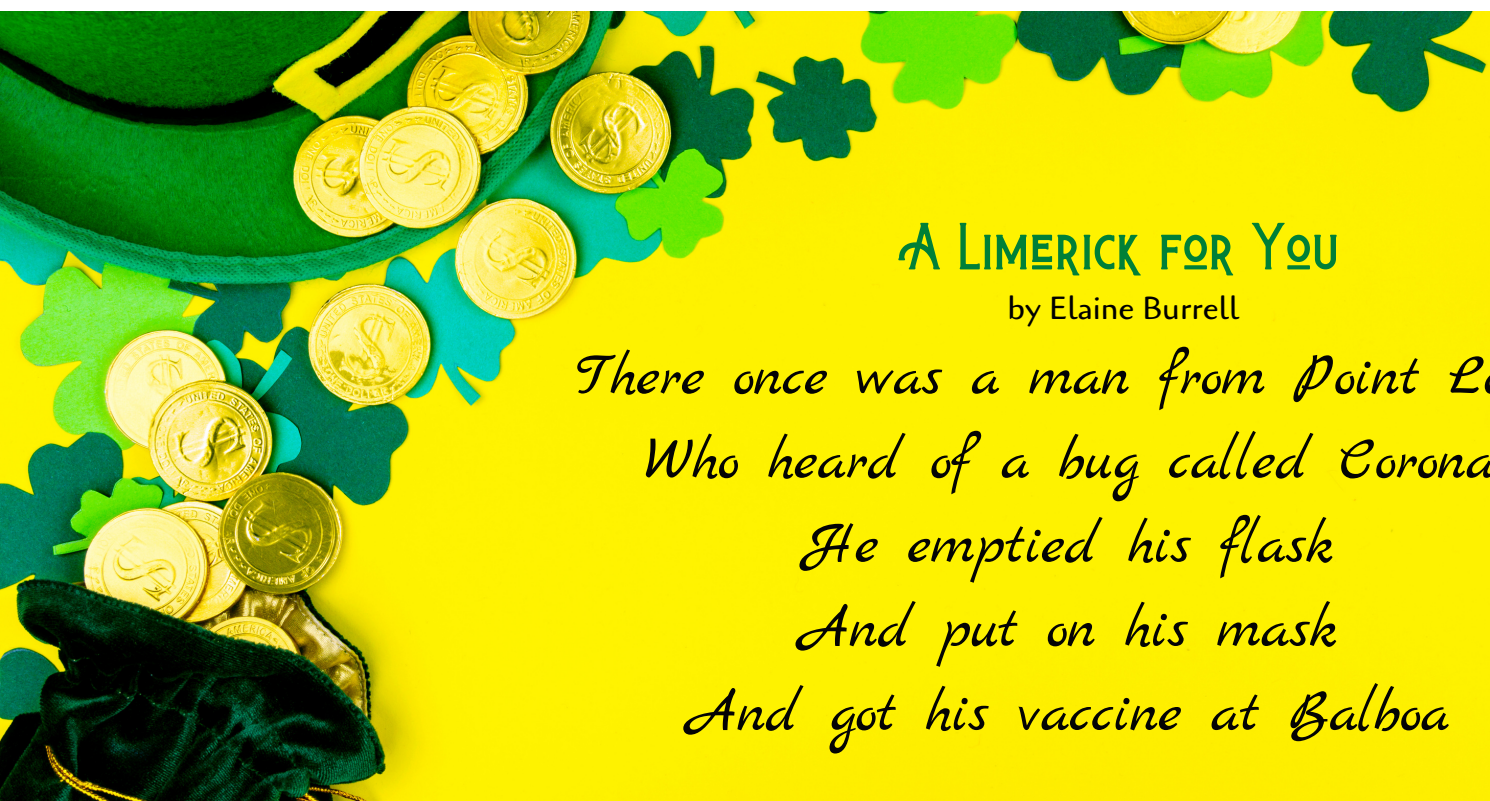
March on in a productive life!

Elithe
Belofsky



Holidays

pretty much just an excuse
to put hats on our pets



A LIMERICK FOR YOU

by Elaine Burrell

There once was a man from Point Loma
Who heard of a bug called Corona
He emptied his flask
And put on his mask
And got his vaccine at Balboa