

POINT LOMA COMMUNITY PRESBYTERIAN CHURCH



Senior Adult Ministry | April 2021

2128 Chatsworth Blvd., San Diego, CA 92107

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Dear Friends,

Christ is Risen! He is Risen Indeed!

I pray that each of you enjoyed a happy and healthy Easter and are able to get out and about a little more this Spring. I am busy planning more activities for us in the coming months. I hope to see you at one of our upcoming outings, monthly luncheons, and church activities. Thank you for your patience as we move ahead with more to come!

With Hope in Christ,



Springtime Concert - Peter Seltser & Bag Lunch

On the Front Plaza near Sanctuary

Wednesday, April 14

Plaza opens at 10:30am,

Concert begins @ 11:00am

Come sing along with the joyful music of Peter Seltser who will play his guitar and sing our all-time favorite tunes. Light, packaged lunch provided (\$5 donation requested). Space is limited to 18 household pods, reservation required. Please note: Masks are required when not eating or drinking; shade umbrellas and/or heat lamps will be provided. Please dress according to the weather, you will be outside.

Note: Rain Cancels this event.

RSVP to Elaine by April 12

Rejoice! Church in the Sanctuary!

In-person worship service returns on April 11. Service will take place every Sunday at 10:30am. RSVP encouraged by calling 619-223-1633. Safety measures will be in place.

Hope to see you there!





FOREVER FIT EXERCISE CLASS - COMING SOON!

The Ryan Family YMCA and PLCPC are in discussion to bring back exercise class on our church campus, hopefully by May 1. Details will be coming soon...thank you for your patience. In the meantime, stay active and stay strong until we can exercise together again!

Sharp Healthcare Virtual Aging Conference Self-Care for the Mind, Body and Soul

Wednesday, May 19, 2021

9:30am - 12:30pm

Free Virtual Seminar via Zoom

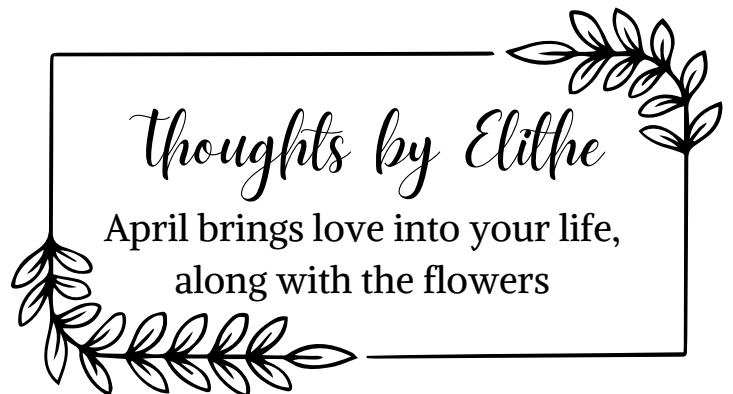


No one is unaffected by these uneasy times. Learn from the experts and discover resources to support your own self-care. To register, call 1-800-827-4277 or visit www.sharp.com/classes



Thoughts by Elithe

April brings love into your life,
along with the flowers



Earth Day is April 22



Summer, fall, winter, spring,
The seasons rotate as each brings
Its special beauty to this Earth of ours.
Winter's snow and summer's flowers;
Frozen rivers will flow come spring,
There is a renewal of everything.
—Edna Frohock (1906–97)



Do you feel like volunteering? Save the date for our Springtime SERVE Day, May 15. We will form a church team to assist with "I Love a Clean San Diego." Various opportunities for differing abilities. Details coming in next newsletter.